

Safe Driving Tips

Vision is the primary sense utilized in driving, yet it's one of the first to deteriorate as we age. Below are a few tips that may help keep you safe during your travels:

- Both near and distance vision is needed to drive safely.
- Have regular eye and medical examinations to maintain your driving ability.
- Reduce driving at night, dusk, or dawn when visibility is more difficult.
- Aging eyes become more sensitive to bright light or glare.
- Avoid looking directly into headlights of approaching vehicles.
- Have your mirrors properly adjusted.
- Watch for parked vehicles, pedestrians, children, and animals in your side vision.
- Know your medications. Some prescription medications and over the counter medications can make you drowsy and affect your driving.
- Plan ahead. Know your route and try to stay on familiar roads.
- Avoid difficult driving. Rush hour, left turns, driving at night and driving in bad weather can make driving more complicated.
- Avoid distractions while driving, such as eating or cell phone use.

ALWAYS WEAR YOUR SEAT BELT

Mature Driver Improvement Course

Under Pennsylvania law you may be entitled to at least a 5% discount on your entire automobile insurance policy if you are 55 or older and successfully complete a driver improvement course approved by PennDOT. Please check with your insurance carrier for the specifics of their program.

There are four state-approved courses that are held at various locations throughout the Commonwealth. All approved courses specifically address the safety needs of the mature driver. There are no written or practical driving tests required. The course fees are moderate, but vary with each organization.



Contact your local
AAA Office for availability

NATIONAL SAFETY COUNCIL

1-800-459-2556
Call for availability

AARP

AARP Driver Safety Program
*To find a driver improvement class
near you, call toll-free:*
1-888-227-7669
(1-888-AARP-NOW)

or write:

AARP - Pennsylvania
225 Market Street
Harrisburg, PA 17101

SENIORS FOR SAFE DRIVING

1-800-559-4880
Call for availability



pennsylvania

DEPARTMENT OF TRANSPORTATION